

RESOURCE GUIDE



Office of
Mental Health



Chemung County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Family Services of Chemung County Crisis Program

24 Hour Crisis Hotline for Chemung County
607-442-6900
Hours: 24/7

Crisis team can rapidly respond to you at your home or elsewhere in the community if necessary.

The Trevor Project Hotline

24/7 Crisis hotline for LGBTQ young people
Call 1-866-488-7386 or text 678-678
Free, confidential and secure 24/7 service offering crisis counselors for individuals who are struggling with issues such as coming out, LGBTQ identity, depression, and suicide.

988 Suicide & Crisis Lifeline

Call 988/Text 988
Chat: [chat.988lifeline.org](https://www.988lifeline.org)

WNY Law Enforcement Helpline

Support to law enforcement members and their families.
716-858-2677
Call 24/7 for support and intake forms
www.wnylawenforcementhelpline.org

Veterans Crisis Hotline

Confidential support for veterans.
Call 988, and choose option "1" for veterans.
Text: 838255 or chat online
www.veteranscrisisline.net/get-help-now/chat/

Mental Health Treatment & Rehabilitation

Family Services of Chemung

Outpatient MH clinics
**Multiple locations*

*Pennsylvania Ave.

310 Pennsylvania Ave., Elmira, NY 14901
607-733-5696, dial 3
Hours: Monday & Wednesday 8:00am-5:30pm;
Tuesday & Thursday 8:00am-7:00pm

*Water Steet

1019 E. Water Street, Elmira, NY14901
607-733-5696, dial 3
Hours: Monday & Wednesday 8:00am-7:00pm;
Tuesday & Thursday 8:00am-5:30; Friday 8:00am-3:00pm

CASA Trinity

CCBHC/Integrated Outpatient MH and SUD Clinics
**Multiple locations*

*Water Street

244 W. Water St., Suite 200, Elmira, NY 14901
607-737-5215
Hours: Monday-Thursday 8:00am-4:30pm,
Friday 8:00am-4:00pm

*Stowell Street

911 Stowell St., Elmira, NY 14901
607-737-5215
Hours: Monday & Wednesday 7:00am-7:00m,
Tuesday & Thursday 7:00am-5:30pm,
Fri 7:00am-12:00pm

Peer Support Services

AspireHope NY

Peer Support services
25 West Steuben St., Bath, NY 14810
607-776-2164

Parent, Youth, or Adult peer services and support, including Home & Community Based Support (HCBS) and Child and Family Treatment and Support Services (CFTSS).

CASA Trinity Peer Crisis line

24/7 crisis line
607-378-7479

Addiction or Substance Use Treatment and Support

New Dawn Inpatient– Saint Joseph’s Hospital

Inpatient SUD program
555 St. Joseph's Boulevard, Elmira, NY 14901
607-737-7801
Hours: 24/7

Provides inpatient alcohol and drug treatment to help individuals who are physically dependent during the withdrawal period. Support includes individual and group therapy and medical and prescription drug intervention as needed. Do not take Molina Insurance.

Alcoholics Anonymous (AA)- Elmira/Corning Inter-group

607-249-4276
Call 24/7 for information on groups held in your area.

Narcotics Anonymous (NA)- Finger Lakes Region

315-847-3842
Call 24/7 for information on groups held in your area.

OASAS 24-Hour Hopeline

24/7 helpline for substance use and gambling concerns.
1-877-846-7369 or text 467369

Never Use Alone

Nationwide service where operators with lived experience remain with the caller while using and oversee that the person uses safely.
877-696-1996 Call 24/7/365

Naloxone NOW:

Text “NARCAN” to 21000 to arrange for delivery.

Other Services

Chemung County Department of Social Services (DSS)

Assists with SNAP, Medicaid, Temporary Assistance, HEAP, Adult Services, and other services.
425 Pennsylvania Ave., Elmira, NY 14904
607-737-5302
Hours: Monday-Friday 8:30am-4:30pm

Health Homes of Upstate New York (HHUNY)

Care management services for Medicaid recipients.
1-855-613-7659
Visit www.hhuny.org/about/where-we-are/
Or email referrals@hhuny.org or askhhuny@hhuny.org

NYS Domestic and Sexual Violence Hotline

Hotline 1-800-942-6906
Text 1-844-997-2121
Chat: [opdv.ny.gov](https://www.opdv.ny.gov)

USDA National Hunger Hotline

Food assistance for families.
1-866-348-6479/English Or 1-877-842-6273/Spanish
Hours: Monday-Friday 7am-10pm

Medicaid Transportation MAS

Provide transportation to Medicaid recipients for medical appointments/non emergency medical transportation.
1-866-753-4543 press 9
Hours: Monday-Sunday 7am-7pm

To find more mental health programs and services visit our website at www.omh.ny.gov



SUICIDE & CRISIS
LIFELINE



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